THE ROADRUNNER

Club Kokomo Road Runners

Club Kokomo Runs The Mini!

Mini Half Marathon Runners

<u>Miini Hait Marati</u>	<u>non Kunne</u>
Dana Neer	1:30.41
Don Andrews	1:38.14
Ethan Snyder	1:58.53
Mat Snyder	1:58.54
Phil Rozzi	1:59.18
Tami Moore	2:00.17
Anna Rangel	2:09.22
Max Elmore	2:13.16
Vince Lorenz	2:14.08
Tony Beachy	2:15.21
Scott Deyoe	2:17.26
Mary Miller	2:43.38
Norm Snyder	2:45.19
Valerie Snyder	2:53.01
David Hughes	2:54.18
Kathy Snyder	3:00.23
Toney Lorenz	3:13.32
Chari Deyoe	3:14.02
Laura Heflin	3:19.59
Jenny Tudor	3:41.23
Debbie Beachy	4:03.26

5K Runners

Noel Shafer	19:00
Johnathan McQuaide	37:03
Dani McQuaide	37:06
Stephen Wilson	39:18
Marianne Wilson	40:49
Felicia Tierney	46:29
Warren Tierney	46:30
Susan Gerhart	50:15
Judy Smith	50:17
Alex Studebaker	51:26
Kelly Studebaker	51:39
Rocky Smith	56:40



Norm, Kathy, Ethan, Mat and Valerie Snyder



Jenny Tudor



Debbie Beachy & her Father who came in from Florida to surprise her.



Alex and Kelly Studebaker



Join us on June 20 at 6 p.m. in Highland Park for the first leg of the Club Kokomo Roadrunners 2018 Triple Crown! The first leg will be a Predict-a-Mile. You predict how fast or slow you'll run when you sign in, run the mile with no technology (no watch, gps or otherwise!), and the person closest to their predicted time wins! Top three win Runner's Forum gift cards! First place: \$100, second place: \$50, and third place: \$25. Remember, you don't have to be fast to win!

Like last year, we also plan to have a carry-in for runners on June 20! We'll provide hot dogs and hamburgers, if you are willing to bring something let us know on the Predict-a-Mile Facebook event page (find through the Club Kokomo Facebook page) or email Dani McQuaide at <u>d.dencklau@gmail.com</u>.

The second event will be the Haynes Apperson 5k on Saturday, July 7, and the third run will be a downtown Kokomo 6 mile run on August 18 (Note the date change to not conflict with a club race on Aug. 11). Be on the look out for more information in upcoming newsletters and on the CKRR Facebook page!

CLUB MEETING

MONDAY, JUNE 11 @ 6 P.M. @ CROSS AMERICA N REED ROAD., KOKOMO, (ACROSS FROM GFS & MENARDS) SOCIAL HOUR @ 5P.M. SOFT DRINKS WILL BE PROVIDED



CKRR Fun Run in the Park

Every Wednesday

Free to all!!

Run any distance you want!!

Highland Park @ 5:30PM

Registration located at concession stand



COYOTE KIDS 2018



Coyote Kids STARTS REALLY SOON - THURSDAY, JUNE 7TH! It's hard to believe this is our 15th year! Our dates this year are June 7th, 14TH, 21ST, 28TH, July 5th, & 12th. We had to make some changes this year because school starts so early! We WILL meet the week of July 4th. Then we will have runs on Thursday, July 13th. We did NOT build in a rain week either, so we will adjust awards to the number of weeks we actually run. Hopefully we will have rainless Thursday nights for Coyote Kids! We will be doing awards on **Thursday night, July 19th** at Morningstar Church's Connection building on Markland Blvd from 5 to 7 pm once again! We will have our "open house" style pizza party as we have in the past!

We are starting the 25/50 yard kids at 6:15 PM and they will run heats until 6:45pm or whenever the line runs out of runners. The other races will begin at 6:30 PM. As always, WE NEED YOU to make 2017 another successful year.

We have implemented "REMIND" which is a program that contacts everyone on our list when we have to cancel. Ashley Shanks is setting this up. If your child is pre-registered you will get a contact from her that you must respond to in order to get announcements about Coyote Kids. We will use this method, **Facebook**, and our website **coyotekids.org** to make announcements and cancellations.

We also used Get Me Registered for online registration of Coyote Kids and for Volunteers that was open until June 1st at midnight! As of today, May 24th we have 340 kids already signed up! As our celebration of our 15th year we are also offering T-shirts for kids and adults when you sign up online. We also have an online store with Expressions currently and continuing until June 14th to order t-shirts. They are \$10 each! You will be able to pick up your shirts at Coyote Kids the first night if you ordered early. If not they will be available as soon as your order is completed at the table behind NEW registrations.

Mat Snyder has set up a twitter account so be sure and check that out. Linda Kendell will be taking pictures again this year and putting them on Facebook for you to "like" and "download".

Our sponsors are stepping up again this year and we need YOU to make the program successful once again. If you want to volunteer see Keith Hill, or me and we will find a job for you to do! We have already put in our T-shirt order for volunteers, but if you can faithfully come and help we will be sure you get a shirt. Set-up is at 4:30 pm for anyone that can come out early.

If you have never come out because you don't have kids or grandkids, come out on week one and see this marvelous program in action! Mark your calendars because you don't want to miss a single week of COYOTE KIDS! Thank you for your part in creating a dynamic program.



3rd Annual Walker Picnic

Saturday June 30, 2018

Anita & Fred Dillman's House

25 North to 200, turn R, go to 300 E that goes North turn Left—around curve. House on left with pond. Logansport, In.

Noon-???

Meat and beverages provided.

Please bring a covered dish to share.

Bring a lawn chair. If you would like to fish please bring a fishing pole. (Catch and release only!)

All walkers and a spouse or guest are invited.

This will be a time to get to know everyone better and have a great picnic as well.

Questions? Contact Anita Dillman or Sherry Kestle

Points of Interest:

Scott Deyoe completed the Dopey Challenge which included a half and full marathon.

Tami Moore and Jennifer Van Horn ran the Springfield Half marathon on April 7.

Ronnie Greene ran the Boston Marathon on April 16 finishing in 4:21.35.

Norm and Kathy Snyder did the Star Wars Dark Side Half in Disney World on April 22 finishing together in 3:14.35.

Dani and Johnathan McQuaide completed the Fargo Half Marathon in 2:52.14. The race was not as fast as the tagline "Fast, Flat, Fargo" would have you believe.



Dani and Johnathan McQuaide

Run a non-club race lately? Don't forget to share the results to get your points! Send all results to: editorckrr@gmail.com

CLUB MEETING

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N REED ROAD., KOKOMO, (ACROSS FROM GFS & MENARDS)

SOCIAL HOUR @ 5P.M. SOFT DRINKS WILL BE PROVIDED

Member Profile: Tiffany Massey

Welcome to the 3rd edition of the Member profile section of the newsletter. The hope is that this will help members get to know each other better. Each month we will highlight and profile a different club member, be on the lookout for an email asking you to submit a profile!

NAME: Tiffany Massey

HOW LONG HAVE YOU BEEN RUNNING/ WALKING?

On and off since middle school

WHAT MADE YOU START RUNNING/ WALKING?

As a child I was always told that I was fast. So I went out for track and did cross country to stay in shape for track even though I hated distance running. But as an adult I have found a love for something, that I used to hate.

BEST ATHLETIC ACCOMPLISHMENT AND WHY?

Completing a Spartan Sprint because it was 4.5 miles of running mostly up hill with 23 obstacles! I did a lot of burpees! I hope to complete a Spartan Super (8-10 miles) sometime in the near future.

IF YOU LIKE TO RACE, WHAT IS YOUR FA-**VORITE RACE DISTANCE? WHY?**

I like doing the 5K. I am a very competitive person and the 5K brings out that side of me. I struggle with half marathon's because I have a short attention span and get bored during them.

FAVORITE LOCAL RUNNING ROUTE?

I love running out in the country near my house. I usually do an out a back course. I can put music on and don't have to worry about a lot of traffic.

FAVORITE CLUB RACE? WHY? (Note: This question can be taken as club sponsored race or just a race on the club schedule)

Running the Shores. I love the beautiful scenery!



FAVORITE POST RUN/WALK TREAT?

Cookies!!!!

FAVORITE NON-CLUB RACE? WHY?

The Spartan sprint. I love to challenge myself and what my body is physically capable of doing and this was a huge challenge for me.

WHAT IS YOUR FAVORITE PIECE OF RUN-NING/WALKING GEAR?

Headbands!! I can't run without one on. I can't stand sweat dripping in my face.

Favorite running/walking related book or movie?

"Chi Running" is my favorite book and "Prefontaine" is my favorite running movie.

ANYTHING ELSE YOU'D LIKE THE CKRR **MEMBERS TO KNOW ABOUT YOU?**

I love to spend my free time volunteering and helping others! I have just completed my 5th year coaching sprints for the Western High School girls track team and I am also a volunteer firefighter/ EMT in Russiaville.

2018 CKRR Race Schedule Underlined-new for 2018, V—volunteer opportunities for club members.

Saturday June 2 Gene Parks 5K Run/ walk

10am

Dr. Sylvester's Office, Corner of 26 & Liberty Russiaville, In \$15 pre-registration/ \$20 day of/ \$45 family discount Rhiannon Thompson, RD

Saturday June 9 Norris Greentown 5K Run/ walk

8am

Rear of Eastern Elementary School Greentown \$8 advance/ \$10 day of John Norris, RD

Saturday June 16 Flora Hog Jog 10K

8:15am

Flora Community Park, Flora, In \$20 before June 9/ \$25 day of www.hogjog.com

Wednesday July 4 Walton Independence Day 5K

8am

Walton American Legion 111 S. Depot St. Walton, In \$20 through June 25/ \$30 through day of race Walton Independence Day 5k Facebook page

Saturday July 7

CK Haynes Apperson 5K Run/ Walk—V

8am

Kokomo Municipal Stadium 400 S. Union St. Kokomo \$13 club & \$15 non club before June 23/ \$20 late or day of Michael Anderson, RD

Saturday July 14 Race for Grace 5K Run/ Walk

8am

Calvary Presbyterian Church, 7th and Spencer St. Logansport \$12 early then \$15

Saturday July 21

Panther Prowl 5K Run/ Walk

8am

Russiaville, In

\$20 Pre-registration/ \$23 late registration

Gary Jewell, RD

Saturday July 28 Jerome Active Water

8am

Jerome Christian Church, 9535 County Rd E 100 S, Greentown Ryan Horner, RD

Saturday August 4

Norris Converse 5K Run/ Walk

8an

Front of First Farmer's Bank, downtown Converse, In \$8 advance/ \$10 day of John Norris, RD

Saturday August 11 Forget Me Not 5K

8am

Kokomo, In

Saturday August 18 Running the Shores 5K Run/ Walk

8am

Champaign Shores, Co Rd 440 W & Lakeshore Dr, Kokomo \$20 early registration Todd Moser, RD

Saturday September 1 Steps to Recovery 5K Run/ Walk

8am

Gilead House, 406 E Sycamore St. Kokomo \$20 early then \$25 Carol Savage, RD

Monday September 3 Blueberry Stomp 5K/ 15K

9am

Plymouth, In

Saturday September 8 HESP 5K Run/ Walk

8am

Kokomo High School, 2501 S Berkley Rd Kokomo \$12 early then \$20

Saturday September 15 Amboy Volunteer Fire Co 5K

Amboy, In

Saturday September 22 Bee Bumble 5K/ 10K

8am

Burnettsville, In

Monticello Chamber of Commerce, RD

Saturday September 29 Saints on the Run 5K Run/ Walk

8am

St. Joan of Arc, 3155 Co Rd S 200 W. Kokomo Heather Weber, RD

Saturday October 6 Cole Porter 5K/ 15K

9am

Circus Building, Broadway & 7th Peru \$20 early/ \$25 day of Jim Yates, RD

Saturday October 13

Red Gold Run to Crush Hunger 10K/ 5K

10 K 9:30 am / 5K 9:45am St. Joseph Center 1306 South A Street, Elwood, In 10K before 10/10/18 \$40 after \$45/ 5K \$30 before \$35 after 10/10/18 Also have Group Rates http://www.redgold5krun.com

Saturday October 27 Chili Chase 5K/ 10K

10am

East Point Bible Church 1540 Paw Paw Pike, Peru, In \$15 with shirt, \$25 with a shift Jamie Laycock

Sunday November 4 Run the Mounds

Anderson, In

Saturday November 10 CK Charity Run 5K— V

9am

McKinley School, 1217 W Carter St. Kokomo Free Will Donation Jeannie Townsend, RD

Thursday November 22 CK Cares 5K Run/ Walk

8am

Rogers Pavilion Highland Park, Kokomo \$10 Ray & Robin Tetrault; Mark Shorter, RD

2018 CKRR Race Schedule Underlined-new for 2018, V—volunteer opportunities for club members.

Saturday December 1 Rudolph 5K Run/ Walk

Kokomo Public Library, 220 N Union St Kokomo \$20 early/ \$25 late, family discounts available Monday December 31 CK NY Eve 5K Run/ Walk— V

2pm

Rogers Pavilion, Highland Park, Kokomo

RACE RESULTS

NORRIS INSURANCE 4M

5/12/18

- 4 Mile Runners
- 1. Matt Grider 21:24
- 2. Taryn Thor 22:45 1st Female
- 3. Kory Kennedy 22:50
- 4. Parker Jones 24:42
- 5. Adam Rood 24:43
- 6. Don Andrews 27:25
- 7. Kimberly Lane 28:01
- **8.** Paul Sanders **28:11**
- 9. Mat Snyder 29:19
- 10. Skip Stinson 29:32
- 11. Carley Williams 31:33
- 12. Felix Rippy 31:37
- 13. Ronnie Greene 31:45
- 14. Tami Moore 32:30
- 15. Ethan Snyder 34:08
- 16. Elizabeth Smith 34:13
- 17. Mike Deardorff 34:29
- 18. Phil Rozzi 35:26
- 19. Anna Rangel 36:21
- 20. Max Elmore 36:39
- 21. Keith McAndrews 37:10
- 22. Ray Fairchild 39:10
- 23. Cara McKellar 40:17
- 24. Darla Mertens 40:45
- 25. Kyle Fluck 41:59
- 26. Warren Tierney 43:20
- 27. Mark Keyse 43:29
- 28. Norm Snyder 44:21
- 29. Michael Graham 44:55
- 30. Rob Wilson 45:40
- 31. Alison Mossburg 46:28
- 32. Robin Tetraut 46:36
- 33. Jennifer Adams 46:44
- **34. Laura Heflin 46:49**
- 35. Jonah Hughes 47:14
- 36. Tim Templin 47:16
- 37. Kathy Snyder 47:17
- 38. Riley Case 48:03
- 39. Bruce Savage 48:16
- 40. Beth Justice 48:19
- 41. Maria Cline 49:34
- 42. Robin Cole 51:46
- 43. Christine Barkley 51:56
- 44. Matt Barkley 51:57
- 45. Alex Studebaker 52:59
- 46. Kyle Love 54:33

47. Jenny Tudor 54:57

- 48. Kelly Studebaker 55:44
- 49. Karen McCoy 56:02
- 50. Laurie Keeler 57:52
- **51. Sarah Hughes 59:04**
- 52. Julie Canady 59:1153. David Hughes 59:15
- 54. Carol Savage 59:17
- 3 Mile Walkers
- 1. Vincente Lorenz 26:31
- 2. Mary Miller 34:12 1st Female
- 3. Greg Wall 35:42
- 4. Marianne Wilson 38:17
- 5. Kayla Hudson 40:16
- 6. Tony Lorenz 41:44
- 7. Vern Keller 41:44
- 8. Jan Wall 42:43
- 9. Bob McBride 42:43
- 10. Beth Silence 45:20
- 11. Stephen Wilson 45:41
- 12. Larry Brockett 45:50
- 13. Jean Heflin 48:52
- 14. Betty Yard 53:18
- 15. Katrina Wise 56:13
- 16. Sue Keller 56:13
- 17. Doug Workinger 1:00:45
- 18. Angie Ochoa 1:01:05
- 19. Beth Solis 1:01:45
- 20. Linda Wilson 1:01:45

MCF Prison Break Out 5K 5/19/18

Runners

- 1. Kory Kennedy 17:33
- 2. Brody Brack 18:57
- 3. Steve McDorman 20:15
- 4. **Don Andrews 20:42**
- 5. Paul Sanders 21:36
- 6. Mat Snyder 21:39
- 7. Mohr Hunter 21:59
- 8. John Brack 23:50
- 9. Ethan Snyder 25:14
- 10. Gary Callahan 25:17
- 11. Mike Deardorf 26:23
- 12. Elizabeth Smith 26:24 1st Female
- 13. Mark Bradford 26:30
- 14. Scott Deyoe 26:37
- 15. Anna Rangel 27:10
- 16. Kirk Kennedy 27:19

- 17. Max Elmore 27:42
- 18. Tiffany Massey 29:01
- 19. Nady Browd 29:14
- 20. John Peters 29:23
- 21. Cara McKellar 30:32
- 22. Ann Hubbard 33:01
- 23. Norm Snyder 34:29
- 24. Michael Graham 34:44
- 25. Nancy Riley 34:47
- 26. Laura Heflin 34:51
- 27. Robin Tetrault 36:24
- **28. David Hughes 37:45**
- 29. Jennifer Adams 38:24
- 30. Robin Cole 38:38
- 31. Rickie Stucker 39:58
- 32. Jenny Tudor 41:19
- 33. Alex Studebaker 43:19
- 34. Kelly Studebaker 47:27

Walkers

- 1. Vince Lorenz 27:10
- 2. Mary Miller 35:24 1st Female
- 3. Greg Wall 36:53
- 4. Stephen Wilson 37:44
- 5. Marianne Wilson 39:14
- 6. Kayla Hudson 39:51
- 7. Tony Lorenz 40:23
- 8. Beth Silence 41:49
- 9. **Bob McBride 41:55**
- 10. Liz Donnelly 42:50 **11. Kevin Whitted 42:55**
- 12. Jan Wall 45:24
- 13. Robin Michaels 45:53
- 14. Jean Heflin 49:34
- 15. Kelsev Koon 54:06
- 16. Katrina Wise 55:11
- 17. Sue Keller 55:12 18. Betty Yard 57:09

ING

Male

2018 POINTS STAND
Runner 0-12
Female
Hughes, Sarah 35-2
Riggle, Gretchen 20-1
Male
Snyder, Ethan 100-5 H
Runner 13-19
Female
Smith, Elizabeth 60-3
Salinas, Haley 20-1
Ramsell, Maddie 15-1
Male
Studebaker, Alex 120-7 V
Brack, Brody 40-2
•
Hughes, Jonah 40-2 Runner 25-29
Female
Kirkwood, Bethany 60-3 UM
Koon, Kelsey 35-2
Male
Kennedy, Kory 60-3
Runner 30-34
Female
Heflin, Laura 85-5 HV
Massey, Tiffany 80-4
Hudson, Kayla 44-3
Snyder, Valerie 20-1 H
Male
Kennedy, Kirk 20-1
Walker 30-34
Male
Lorenz, Vince 20-1 H
Runner 35-39
Female
McQuaide, Danielle 120-6 H
Tudor, Jenny 120-7 H
Male
McQuaide, Johnathan 110-6 H
Snyder, Mat 100-5 H
Runner 40-44
Female
Shafer, Amy 100-5 MHH
Van Horn, Jennifer 40-2HH
Walker 40-44
Female
Wise, Katrina 60-3
Runner 45-49
Female
Beachy, Debbie 20-1H
Male
Small, Ryan 60-3 M
Brack, John 20-1
Riggle, Scott 15-1
Runner 50-54
Female
Moore, Tami 60-3 HH

Neer, Joni 40-2

Savage. Carol 35-2

Shafer, Noel 120-6 MHH Graham, Michael 60-3 Neer, Dana 55-3 H Walker 50-54 **Female** Tierney Felicia 80-4 HV Kestle, Sherry 40-2 HH **Runner 55-59 Female** Studebaker, Kelly 131-8HV Snyder, Kathy 70-4 HH McKellar, Cara 60-3 Hubbard, Anne 35-2 Male Tierney, Warren 82-5 HV Devoe, Scott 82-5 MHH Andrews, Don 80-4 H Sanders, Paul 65-4 Rozzi, Phil 59-4 H Savage, Bruce 29-2 Bruce, David 20-1 Walker 55-59 **Female** Miller, Mary 120-6 H Wilson, Marianne 65-4 Heflin, Jean 56-4 V Berkshire, Debby 40-2 HH Male Whitted, Keith 60-3 Runner 60-64 **Female** Rangel, Anna 140-7 H Tetrault, Robin 60-4 Taylor, Deb 22-2 Sandifur, Lorene 20-1 Boles, Vicki 12-1 Male Deardorff, Mike 100-5 H Elmore, Max 80-5 H Snyder, Norm 77-5 HH McAndrews, Keith 32-2 Tetrault, Ray 20-1 V Townsend, Greg 20-1 V Walker 60-64 **Female** Yard, Betty 80-4 **Runner 65-69 Female** Cole, Robin 60-3 Smith, Judy 20-1 Townsend, Jeannie 20-1 V Male Greene, Ronnie 60-3 MH Shorter, Mark 40-2 V Chew, Fred 20-1 Smith, Rocky 20-1 Walker 65-69

Female Wall, Jan 80-4 H Keller, Sue 75-4 RD Male Wall, Greg 80-1 4 H Lorenz, Tony 75.5-5 H Wilson, Stephen 60-4 Keller, Vernon 55.5-3 RD Michaels, Robin 40-3 **Runner 70-74 Female** Gerhart, Susan 20-1 Male Hughes, David 95-5 H Stucker, Ricke 35-2 Walker 70-74 Female Dillman, Anita 60-3 HH Brown, Diana 20-1 V Male McBride, Bob 60-3 Stinchcomb, Floyd 20-1 **Runner 75-79** Male Peters, John 60-3 Walker 75-79 Coughlin, Dan 20-1 V Gross, Jim 20-1 Mohr, John 20-1 Runner 80+ Male Case, Riley 40-2

JUNE BIRTHDAYS

6-6	Jonah Hughes
6-7	James Canning
6-7	Ray Tetrualt
6-8	Leah Snyder
6-13	Leah Smock
6-13	Floyd Stinchcomb
6-18	Chadrick Salinas
6-18	Bruce Savage
6-19	Dick Summerton
6-22	Carol Savage
6-27	Mark Shorter
6-25	Stephen Wilson

6-29 Jacob Van Horn

CKRR CLUB MEETING MAY 14, 2018

On May 14, 2018 the meeting was called to order a 6pm by President Patricia Weitzel

- 1. Prayer by Robin Tetrault
- 2. Vern motioned to accept minutes with the correction prayer was given by Vicki Boles. Sue Keller 2nd, motion carried.
- 3. Treasurer's report given by Mark Shorter
- 4. Old Business
 - a. A new timing clock has been ordered. It will include battery, stand and case. Old clock has an issue with switch.
- 5. New Business
 - b. Covote Kids
 - Volunteer's for Coyote Kids need to register online.
 - Expression's has on online store where people can purchase Coyote Kids 15th Anniversary Shirts.
 - Coyote Kids will be using the Remind 101 app again this year for cancellations
 - As of the meeting date there are 258 kids preregistered
 - c. Patty Weitzel suggested Cross American for the next meeting location, it was discussed and agreed upon.
 - d. Warren Tierney (in absence) asked that meetings be on a Saturday once a quarter at Golden Corral, the ideas was discussed, a motion was made but was voted down.
 - e. Terri Jackson from Russiaville Summerfest made a motion the use of the trailer and timing system. Vern Keller 2nd, Motion carried.
 - Tiffany Massey made a motion for the club to donate \$175 for gift card awards for the first triple crown race Predict-a-mile.
 - Sue Keller motioned for special club shirts for the Haynes Apperson race. Vern Keller 2nd. Motion carried. Patty to design shirts.

Meeting Adjourned.

Those present were: Jenny Tudor, Vern and Sue Keller, David Bruce, Robin Tetrault, Mark Shorter, Patty Weitzel, Joe Yeagel, Tiffany Massey, and John Wiles.



CLUB KOKOMO ROAD RUNNERS

2936 Congress Drive, Kokomo, IN 46902

We're on the WEBwww.ClubKokomoRoadRunners.com Facebook-Club Kokomo Roadrunner Contact the editor— editorckrr@gmail.com

